

## WHERE TO EAT OR HAVE A DRINK IN VALLADOLID?

Being a reasonable-sized city, there is a variety of places to eat and have a drink where you can find from vegetarian food to the most traditional Castilian dishes. And tapas too!

We've made a list of downtown places that you can find near your hotels and the Congress venue and the dorm. If you want to see them on a map, click on this link, you'll find them with icons in the same colour code as in the list below:

<http://maps.google.com/maps/ms?hl=es&ie=UTF8&msa=0&msid=218170450516926811914.0004a490f8dc97579464a&ll=41.652874,-4.723349&spn=0.018694,0.038409&t=h&z=15>

**Key:** \$ = between 10 and 25 €      \$\$ = between 25 and 40 €      \$\$\$ = more than 40 €

NB: C/ is the abbreviation for *calle* (= street)

### RESTAURANTS

#### TRADITIONAL

Most of the restaurants in this section are in the same area, called *Coca*, by the Plaza Mayor. Around this area, there are also interesting bars and tapas places.

- **El Figón de Recoletos** (C/ Acera de Recoletos, 2)      (\$\$)  
Speciality: *lechazo* (suckling lamb, typical Valladolid meat). Next to the park *Campo Grande*.
- **La Parrilla de San Lorenzo** (C/ Pedro Niño, 1)      (\$\$\$)  
Speciality: *lechazo* and other traditional dishes. Nice brick-vaulted lounges. Next to Plaza Mayor.
- **Restaurante Santi (Caballo de Troya)** (C/ Correos, 1)      (\$\$)  
Traditional Castilian food. Good quality in a nice stone building with patio. Next to the Plaza Mayor.
- **La Tahona** (Plaza Martí y Monsó, 4)      (\$\$)  
Traditional food with some innovative touch. Next to Plaza Mayor.
- **Los Zagales de la Abadía** (C/ Pasión, 13)      (\$)  
Speciality: rice and stews, but it has a great variety of dishes. Good quality and reasonably priced. Next to Plaza Mayor. Also superb tapas (see section below)
- **Taberna del Hidalgo** (C/ Paraíso, 4)      (\$)  
Traditional Castilian food. Close to the *Congress* venue (10 mins walk). Varied menu and reasonable prices. Also tapas bar.

#### TABLAS

Literally, wooden boards. However, it refers to the food served on these big, wooden boards, which are designed as dishes to share among various people. A good way of trying different things in one go. These restaurants do not only serve tablas, but also tapas and food to be eaten in individual dishes.

- **La Criolla** (C/ Calixto Fernández de la Torre, 2)      (\$\$)  
Traditional food, with some touch of innovation. By the Plaza Mayor – *Coca* area. Also tapas bar.
- **La Mina** (C/ Correos 7)      (\$)  
Traditional Castilian food. By the Plaza Mayor – *Coca* area. Also tapas bar.
- **La Taberna Encantada** (C/ Franciasco Zarandona, 4)      (\$)  
Cozy little place with a fairy-tale/children's theme painted on the walls, and in the names of dishes, tapas and tablas. Informal and popular. Very close to the Hotel Meliá Olid.
- **Sabor Taurino** (C/ Platerías 19)      (\$)  
They offer "tablas" as well as *raciones* and *tapas*. Very close to the Hotel Meliá Olid.

- **Croquetería la Santa María** (C/ de la Antigua, 8) (\$)
 

Not far from the Congress venue, it's close to the Cathedral. It has good sized "tablas" to share as well as some very nice croquettes and tapas (see section below).

## VEGETARIAN

- **El Berenjenal** (C/ Duque de Lerma, 2) (\$)
 

Close to the Cathedral. Vegetarian, vegan and organic food and drinks. Small and cozy.
- **Comedor Macrobiótico** (C/ Portillo del Prado, 11) (\$)
 

Next to the Congress venue.

See also **Eh Voilá** – **Niza** – **Le Bistró** in the section **OTHERS**.

## FOR FOODIES

- **Ramiro's** (Avenida del Monasterio del Prado s/n) (\$\$\$)
 

The cook, Ramiro, has won the National Award for Gastronomy, and his is a one-star restaurant according to the Michelin guide. It is far from the city centre, but for those who want to enjoy one of the best restaurants in Valladolid, it might be worth trying it and paying for it!
- **Gabino** (C/ Angustias, 3, 1<sup>st</sup> floor) (\$\$\$)
 

Innovative food with traditional ingredients. High quality. Excellent wines. Nice decoration. Near the Cathedral.
- **Germán** (C/ Fray Luis de León, 22) (\$\$\$)
 

Traditional food of excellent quality in a beautiful setting, a brick-vaulted room in the basement of a palace. Very close to Santa Cruz Palace, where we're having the reception on Monday.

## OTHERS

- **Eh Voilá!** (C/ Esgueva, 15) (\$)
 

Not far from to the Congress venue (10 mins walk). It offers crêpes and French food. Also vegetarian, celiac and lactose intolerant alternatives. Friendly atmosphere.
- **Niza** (C/ Padilla, 10) (\$)
 

Also close to the Congress venue. Italian food with vegetarian and celiac alternatives. Friendly atmosphere.
- **Le Bistró** (C/ Teresa Gil, 7) (\$)
 

International cuisine, with a certain touch of French brasserie *à la moderne* –however, the restaurant is in an old stone building. They also serve vegetarian food. Very close to the Plaza Mayor.
- **Trattoria Da Nico** (C/ Echegaray, 2) (\$)
 

Italian food. Reasonably priced. Very close to the Cathedral.
- **Brasería Poniente** (Plaza Poniente, 5) (\$\$)
 

Speciality: grilled meats. Very close to Plaza Mayor – Coca area. Set menus to share or a larger one to choose from.
- **Kalimera** (C/ Leopoldo Cano, 9) (\$)
 

Greek food. A block from the Hotel Meliá Olid.

## BARS

### TAPAS BARS

They serve drinks, but you can also have tapas if you want to eat a little something.

See also <http://www.vallatapas.es/>

- **Los Zagales de la Abadía** (C/ Pasión, 13) (\$)
 

Renowned for its tapas, it has won several national contests. Some are traditional, some experimental. Good variety of wines to accompany them. By the Plaza Mayor – Coca area.

- **La Tasquita** (C/ Calixto Fernández de la Torre,2) (\$)
 

A good place to try some nice tapas, it has been there forever, which tells you how popular it is. Very close to Plaza Mayor – Coca area.
- **Bar Jero** (C/ Correos, 11) (\$)
 

Speciality: canapés (slices of toasted bread with a diversity of things on top). They are highly imaginative, surprising and very tasty! Very close to Plaza Mayor – Coca area.
- **El Escudo**. (C/ Paraíso, 1) (\$)
 

Not as varied a selection of canapés as in Jero, but more elaborated. Close to the Congress venue.
- **Sarmiento** (C/ Conde Ansúrez, 11) (\$)
 

A combination of food shop and bar. Excellent tapas and wines. Try its “Miguelito”! Very close to the Hotel Meliá Olid.
- **El Corcho**. (C/ Correos, 2) (\$)
 

Speciality: cod in batter. A very small place which is always full, but well worth it if you like cod. Its croquettes are also famous. Close to Plaza Mayor – Coca area.
- **La Sepia**. (C/ Jesús, 1) (\$)
 

Speciality: grilled cuttlefish with garlic mayonnaise. Right next to plaza Mayor.
- **La Mejillonera**. (C/ Pasión 5) (\$)
 

Speciality: mussels and squid in hot sauce. Also next to Plaza Mayor. Seats available.
- **Croquetería la Santa María**. (C/ de la Antigua, 8) (\$)
 

Speciality: croquettes. Close to the Congress venue, you can also sit and enjoy other traditional tapas, portions and salads.

See also **La Mina – La Criolla** in the **TABLAS** section

### **BARS, CAFÉS, ETC.**

There are lots of them! During the summer, most of them have seats outside, which are enjoyable in the evening. The pedestrian areas at and around the Plaza Mayor and the Cathedral are particularly pleasant and lively. Other places:

- **Herminio's Jazz** (Plaza Universidad, 11)
 

Decorated with Jazz instruments, they serve great cocktails. Right by the Cathedral.
- **Lion D'or** (Plaza Mayor, 4)
 

Traditional cafeteria, with an art decó decoration and very traditional atmosphere.
- **Cafetería Nueva Orleans** (C/ Cánovas del Castillo, 4)
 

Close to Plaza Mayor, good for its coffee and its desserts. It also has juices, milkshakes, etc.
- **El Sueño de Nebli** (C/ Platería, 6)
 

For those with a sweet tooth. Here you can find a variety of chocolate-based desserts, including Spanish-style hot chocolate with churros (luxurious, dense, dark hot chocolate with churros/fritters to dip on it.)
- **Avec-moi** (C/ Librería, 9)
 

Also for drinks. Close to the old University building.
- **El Castillo** (C/ Montero Calvo, 1)
 

Another place for coffee and chocolate with churros. Small, though.
- **Helados Iborra** (C/ Lencería, 2)
 

The best place for homemade ice-creams, they offer a huge variety of them.

- **Las Francesas** (C/ Santiago, 22)  
Another good place for homemade ice-creams, also available to take away. It also has some ice-cream flavours suitable for diabetics. It's located at what used to be a Convent –its church is now an exhibition showroom and the rest of the building has been turned into a shopping center. Have a look at the beautiful sixteenth-century cloister!
- **Albaicín** (C/ Reyes, 1)  
A tea shop decorated in the purest Arabian style with a huge variety of Arabian teas. Please note that the seats are low stools and pouffes.
- **As de Copas** (C/ María de Molina, 1)  
Situated at the Coca area, you can either sit outside or go inside for beer and other drinks.
- **El Buzón** (c/ San Lorenzo, 3)  
Also at the Coca area. Ideal for drinks at night.
- **Black Rose** (C/ María de Molina, 7)  
At the Coca area. Nice and big place with different areas decorated in a rugby/Irish pub style. Good for drinks.

### OTHER PLACES OF INTEREST

- **Drugstore:** There are numerous drugstores around the city, but there is one just around the corner to the faculty (C/ Doctor Morales) that opens every day (including Saturday and Sunday) from 9.30 am till 10.00 pm. They will sell you cold pills, paracetamol, ibuprofen and the like without need for a prescription.
- **Tourist offices.** There is one main tourist office near the train station and a smaller one near the Plaza Mayor. They are open from 9 a.m. until 2 p.m and from 5 p.m. until 8 p.m.
- **Grocery stores.** Should you need to buy anything during your stay, here are two alternatives:
  - *Carrefour express.* Downtown, very close to Plaza Mayor. (C/ Santiago, 13)
  - *Mercadona.* Close to the Congress venue. (C/ Cementerio, 9/ Paseo del Cauce, 43)